

Year 5 and 6: Health and Wellbeing

Subject Specific Vocabulary

Gender identity	This is how you see yourself. Whether you see yourself as a boy, a girl, neither, or both.
Race	Refers to a person's physical characteristics, such as bone structure and skin, hair, or eye colour.
Faith	A belief in a religious faith
Culture	The ideas, customs, and social behaviour of a particular people or society.
Characteristics	A feature or quality belonging typically to a person, helping to identify them.
Stereotype	A stereotype is an assumption about what someone will be like (e.g. their personal qualities or attributes) based on a group they belong to.
Discriminate	Treating someone or a group of people differently, in a worse way because of their characteristics. For example, excluding them from a group.
Assumptions	Something that is accepted as true or as certain to happen, without proof.
The Equality Act 2010	A law that protects you from being treated unfairly because of your race, your age, your religion, sex, gender reassignment, sexual orientation or if you are disabled.

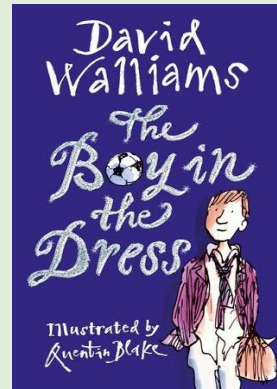
What makes up a person's identity?



What I will learn by the end of this topic:

- ☐ How to recognise and respect similarities and differences between people and what they have in common with others
- ☐ That there are a range of factors that contribute to a person's identity
- ☐ How individuality and personal qualities make up someone's identity
- ☐ About stereotypes and how they are not always accurate, and can negatively influence behaviours and attitudes towards others
- ☐ How to challenge stereotypes and assumptions about others

Linking Books



Previous Learning

- ☐ I understand that feelings change overtime and can be experienced at different levels
- ☐ I understand people can be influenced by their peers' behaviour and by a desire for peer approval and how to manage this
- ☐ I am aware that rules, restrictions and laws exist to help people keep safe and how to respond to a situation that is anti-social or against the law